



Name: _____
Emp. # (Required) _____
Unit: _____

2010 Mandatory Clinical Review Answer Sheet for Licensed Personnel

Mission/Core Values/Ministry Transformation Test

1. CHW's new initiative is called Ministry Transformation (See letter from Sisters) True False
2. SJRMC/SJPVH's mission is to deliver high quality, compassionate, affordable health services. True False
3. Collaboration means respecting the inherent value and worth of each person. True False
4. Justice includes advocating for social change. True False
5. The three foundational expectations of CHW are top quartile quality performance, successful financial performance and employer of choice recognition. True False

Advance Healthcare Directives, Patient Rights, Ethics, Donation, Spiritual Care Test

1. Which of the following decisions may be included in your Advanced Healthcare Directive (AHCD)?
a) end of life treatment c) organ donation
b) resuscitation decisions d) all of the above
2. An AHCD is exactly the same as a "DNR" order. True False
3. A Durable Power of Attorney for Healthcare can direct your financial decisions if you are unable. True False
4. Life supporting measures keep your heart and lungs going, like CPR. True False
5. In the state of California, EMS are required to perform resuscitation unless you have a DNR form completed, signed by your doctor and in your home/possession. True False
6. St. Johns follows the Ethical and Religious Directives for Catholic Health Care Services. True False
7. The Ethics Committee can be contacted through Chaplain Services. True False
8. It is a Medicare requirement to call a procurement agency for all deaths or imminent deaths within 30 minutes of the time the patient meets the criteria. True False
9. Staff must support the patient's faith, belief and values to meet their spiritual care needs. True False
10. A book about spiritual and religious competencies is available through Chaplain Services. True False

Privacy and Data Security

Circle the correct answer

- 1) It is okay to share your CHW network login and password with a co-worker so that they can access information on the network. TRUE FALSE
- 2) When it is not part of your job duties, it is permissible to use CHW resources to look up information on:
 - A. Celebrities
 - B. Yourself
 - C. Co-Workers
 - D. Friends/Family
 - E. None of the above
- 3) You receive a fax with a patient's personal health information, but you are not the correct recipient the fax was intended for. You should:
 - A. Throw it away
 - B. Shred it
 - C. Pick it up and report it to your supervisor or Facility Privacy Official (FPO)
 - D. Contact the patient.
- 4) Protected Health Information (PHI) includes name, social security number, medical record number and birth date. True False
- 5) AB211 places liability directly on Individuals who knowingly, willfully or negligently obtain, disclose or use medical information inappropriately:
 - A. True
 - B. False

Informed Consent

1. Informed consent is given by the patient/designee to the doctor after the doctor has explained the procedure, risks, benefits, and alternatives to treatment and allowed time for questions so that the patient/designee can make the best choice. True False
2. The physician must document the informed consent conversation in the patient's medical record, i.e. progress notes, H&P. True False
3. Informed consent can be given by an adult coherent patient, the patient's spouse, cousin or child. True False
4. A 17yr old in the armed forces on active duty presents with a compound fracture of the left arm. He may give informed consent & sign his own form. True False
5. A child needs an invasive procedure, but the child is in the care of an aunt while the parents are on vacation. What form must you have signed?
 - a). Caregiver's Authorization Affidavit
 - b). Letter from parents is adequate
 - c). Nothing-anyone can sign for a minor

Nursing Process

1. The five parts of the nursing process include, assessment, diagnosis, planning, implementation and evaluating. True False
2. Collecting and organizing data is part of the diagnosing phase. True False
3. In nursing, diagnosis refers to the reasoning process. True False
4. The planning phase should be individualized to meet the patient's needs and developed without the help of the patient because he/she does not know what is best. True False
5. Evaluation may be ongoing, intermittent or terminal. True False

Nursing Bundle

1. The Nursing Bundle consist of hourly rounding, individualized patient care, bedside shift report and discharge phone calls. True False
2. Hourly rounding is the most important component of the bundle. True False
3. Some of the rounding behaviors that reduce call lights include using key words to reduce anxiety, performing scheduled tasks, addressing the 3 P's, and conducting an environmental assessment. True False
4. The 3 P's of hourly rounding are pain, position and productivity. True False
5. Individualize Care Planning includes:
 - A. Reviewing the patient's plan of care
 - B. Asking the patient his/her two most important needs
 - C. Both a and b.
 - D. Neither a or b.
6. AIDET stands for acknowledge, introduce, duration, explanation and thanks. True False

Patient Education and Training

1. Each patient's needs and abilities are assessed in order to the educational training patient's require. True False
2. Learning needs assessment tool can be found:
 - A. On the nursing progress notes.
 - B. In Quadramed under Nursing Education.
 - C. Has not been developed yet.
 - D. A&B
3. The learning options identified for assessing the needs of the patient are:
 - A. Barriers to learning
 - B. Learning Readiness
 - C. Preferred method of learning
 - D. Primary learner
 - E. All

Care Management

1. Adult smoking cessation is indicated for both Congestive Heart Failure and Acute Myocardial Infarction patients. True False
2. A patient presents to the ER with chest pain. Aspirin should be given upon arrival. True False
3. Before giving an antibiotic to a patient with Community-Acquired Pneumonia, blood cultures must be drawn. True False
4. Which of the following is not a Ventilator-Associated Pneumonia indicator?
 - (a) Head of bed elevated >30 degrees
 - (b) DVT Prophylaxis
 - (c) Sedation Vacation
 - (d) Hourly Rounding
5. According to SCIP Indicators, razors are the preferred method of hair removal. True False

Procedural Sedation Questions from RN.com online link or Procedural Sedation packet:

6. During this type of sedation, your patient will respond to your directions either by a verbal stimulus or verbal stimulus plus minimal touch:
 - (a) light
 - (b) moderate
 - (c) deep
7. A _____ crisis may be precipitated when certain medications such as atropine or analgesics with epinephrine are administered when a patient has a history of _____ disorder. (Hint: Don't guess because you will get it wrong!)
 - (a) cardiovascular
 - (b) respiratory
 - (c) thyroid
8. During procedural sedation, emergency equipment at the bedside includes:
 - (a) suction
 - (b) readily available reversal agents
 - (c) nasal, oral and endotracheal airways
 - (d) a positive-pressure breathing device such as a bag mask
 - (e) a & b only
 - (f) all of the above
9. Which of the following is NOT correct?
 - (a) Midazolam has a half-life of 1-12 minutes
 - (b) Lorazepam has a half-life of 15-30 minutes
 - (c) Diazepam has a half-life of 20-80 minutes
10. Which of the following is NOT true?
 - (a) The most common reversal agent for benzodiazepines is flumazenil (Romazicon)
 - (b) The most common reversal agent for benzodiazepines is nalbuphine (Nubain)
11. It is recommended that propofol (Diprivan) be administered only by anesthesia providers. T or F

Medication Management

1. The policy that states that, a verbal or telephone orders must be 'Read Back' in its entirety to ensure accuracy, is called:
 - (a) High Risk Medications
 - (b) Critical Values
 - (c) Read-Back policy
 - (d) None of the above
2. MSO4 is an unapproved abbreviation the writer must use Morphine. T or F
3. MERP is known as a Medication Error Reduction Plan. The aim of MERP is to reduce or eliminate medication errors. Some elements of MERP is prescribing, compounding, education and monitoring. T or F
4. Heparin infusion must ALWAYS be used on a programmable pump. The medication's name displays on the pump's screen when the programmable pump is in use. T or F
5. Some medications require that they be double-checked by 2 licensed nurses. Which of the following medications require double-checking.
 - (a) Heparin, Lasix, Lovenox, Potassium Chloride IVPB
 - (b) ASA, Insulin, PCA
 - (c) Lovenox, Coumadin, Digoxin
 - (d) Insulin, Heparin, Lovenox, Potassium Chloride IVPB, PCA
 - (e) a & b

National Patient Safety Goals

1. Important components to prevent Central Line Blood Stream Infections (CLBSI) include:
 - a. Education of staff, LIPs and patients
 - b. Hospital wide risk assessment
 - c. Standardized protocol for sterile barrier
 - d. All of the above
2. The procedural time-out should include:
 - a. Review of x-rays and lab work
 - b. Marking of the site by the patient
 - c. Agreement by all team members on correct patient, site and procedure
 - d. Discharge instructions
3. "Minimal Use" medication reconciliation is a modified medication reconciliation process. True or false
4. NPSG.01.03.01 Eliminate transfusion errors related to patient misidentification requires that:: Circle all that apply
 - a. Two qualified staff members participate in the verification process; one of which will be the transfusionist
 - b. The blood must be hung only between the hours of 8am and 10am
 - c. The patient must participate in the verification process
 - d. The blood or blood component must be matched to the order and to the patient

5. An acceptable length of time between a critical result and report to the physician or action taken is ≤ 30 minutes.

True or False

Population-Specific Competency

1. Population-specific competency includes methods to serve the age specific, sociocultural and pain-specific patient care needs. True False
2. Being afraid of life and death is the primary cause of stress for the following age group:
 - (a) geriatric
 - (b) adolescent
 - (c) adult
 - (d) child
3. A genuine passion to be open to others, accept and respect differences, and be willing to learn is part of cultural:
 - (a) awareness
 - (b) knowledge
 - (c) skill
 - (d) desire

Pain Management

1. The five areas of the N-PASS-Neonatal Pain Agitation and Sedation Score are crying/irritability, nutritional state, facial expression, extremities/tone and vital signs. True False
2. The Wong-Baker pain rating scale is good for patients over the age of three or cognitively impaired patients because it uses easy to understand faces to represent pain intensity. True False
3. In addition to the Wong-Baker pain rating scale, PAINAD is another tool for use with the cognitively impaired patient. The PAINAD scale was developed for patient's with dementia. True False
4. Assess the patient 90 minutes after a pain medication is given and document pain assessment. True False
5. Most common side effect of opioid is:
 - a. respiratory depression
 - b. constipation
 - c. nausea and vomiting
6. Opioids are ineffective by mouth and cause nausea. True or False
6. END-OF-LIFE Patients on a morphine sulfate drip don't need any extra medication for pain relief. True or False

Restraints & Abuse

1. There were 104 documented restraint and seclusion deaths between 1999 and 2004. True False
2. Behavioral management restraints are used when a patient becomes self-destructive or assaultive.

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|--|------|-------|
| | True | False |
| 3. Alternatives to the use of restraints may include bed alarms, safety sitters, camera beds, and asking family to sit with patient ? | True | False |
| 4. A physician may write a PRN order for restraints. | True | False |
| 5. Family violence occurs in all age groups, gender and economic levels. | True | False |
| 6. Licensed nurses are among the health practitioners who MUST report known or observed instances of abuse to the appropriate authorities. | True | False |
| 7. Employees are required to document in the medical record physical assessment & any information pertinent to the suspicion of abuse/neglect. | True | False |

Point of Care Testing (POCT) Questions by Lab

- | | | |
|---|------|-------|
| 1. I must date strips and controls when opened. | True | False |
| 2. I do not need to be trained and have documented competency prior to performing a Point of Care Test. | True | False |
| 3. I will use the bar code number on my employee badge as the Operator ID for the SureStepFlexx glucose meter. | True | False |
| 4. I do NOT need to match the lot of strips I am using to perform a glucose test with the lot number displayed in the SureStepFlexx meter. | True | False |
| 5. I am required to clean the SureStepFlexx meter daily prior to performing QC with 10% bleach which is then removed from the instrument with a cloth or cotton tip applicator dampened with water. | True | False |

Emergency Preparedness, Fire & Electrical Safety

- | | | |
|--|------|-------|
| 1. Codes are provided on a laminated card similar to your name badge. | True | False |
| 2. Please refer to the back of your name badge. RACE stands for:
R - Rescue the patient
A - Alarm
C - Confine
E - Extinguish or Evacuate | True | False |
| 3. Please refer to the back of your name badge. PASS stands for:
P - Pull the pin
A - Aim the extinguisher at the base of the fire
S - Squeeze/press the handle
S - Sweep from side to side aiming at the base of the fire until it is out.
Stand about 6-10 feet away. | True | False |
| 4. You should yank on the cord to remove the plug. | True | False |
| 5. Please refer to your code badge. A person with a weapon and/or hostage situation is a code:
(a) red | | |

- (b) gray
- (c) silver
- (d) yellow

6. In case of fire, the operator is called at _____ and a code _____ is announced:
- (a) 3000 and red
 - (b) 4000 and blue
 - (c) 4000 and red
 - (d) 4000 and gray

Blood Borne Pathogens

1. There is a vaccine for Hepatitis C. True False
2. HIV can be passed from a mother to her baby during pregnancy, delivery or breast feeding. True False
3. Hepatitis B vaccination consists of _____ injections over _____ months.
- a). 1 over 6
 - b). 2 over 12
 - c). 3 over 6
 - d). 4 over 3

Infections Control

1. Hospital Acquired Infections account for how many deaths per year?
- a) 90
 - b) 900
 - c) 9000
 - d) 99,000
2. The color of the contact sign for C. Difficile is _____.
3. The contamination zone for droplets during suctioning or bronchoscopy is:
- a). 6 inches
 - b). 1 foot
 - c) 3 feet
 - d). 2 feet
4. Which of the following occurs in the infection prevention cycle?
- a) When a test result is positive, lab notifies the RN taking care of the patient via phone call
 - b) The nurse taking care of the infected patient must call Central Supply for an isolation cart
 - c) The nurse taking care of the infected patient must place an isolation wristband on the patient, place the appropriate isolation sign on the patient's door, educate the patient/visitors about isolation requirements, place an isolation sticker on the chart, and fill in the SBAR Ticket to Ride with the type of isolation and the correct organism
 - d) Transporters must look at the SBAR Ticket to Ride to see what precautions are required prior to transporting the isolation patient. They must notify the receiving department of the patient's isolation status.
 - e) All of the above

Nursing Leadership, Teamwork and Communication

1. The characteristics of teamwork consist of building a culture of trust, collaboration, mutual evaluation, team building and SBAR communication. True False
2. Teamwork can help build the following in your unit:
 - a). Trust and cooperation on the unit
 - b). Employees who want to come to work
 - c). Completion of patient care activities
 - d). Decreased turnover
 - e). Reduction of errors in patient care
 - f). All of the above.
3. SBAR is the formal process for HAND-OFF communication during change of shift report. True False
4. The background section of SBAR includes current vital signs, drain output and current pain score. True False
5. As part of the recommendation section of SBAR, it is okay to make requests to physicians such as requesting a change in medication or an order for a lab. True False

Safe Patient Handling

1. American Nurses Association (ANA) estimates that 12% of nurses leave the profession annually due to back injuries. True False
2. Risk factors for lower back pain are constant vibration, continuous works, poor posture, to name a few. True False
3. Eliminating or modifying lifting activities is an effective way to modify the job to fit the worker. True False



Ministry Transformation

To respond to any of the reflection questions, write your response on the page attached to the answer sheet and turn it in with your MNR/ Reorientation answer sheet.

- 1. What positive transformation, or change, in your work or the hospital have you experienced in the last year?
- 2. What are some areas of responsibility that could use some transformation/improvement in your area of work?
- 3. How might your team improve the patient experience, operating performance, and the environment in which you work?
- 4. What is one change that you or your team would like to commit to in the coming year that will help us change to advance our St. John's vision?

Ministry Transformation Question # Selected (Please Circle): 1 2 3 4

Answer: _____

READ and SIGN!

I certify that I have completed reorientation via the on-line MCR or the hardcopy MCR manual.

The following subject areas were covered: Mission, Core Values, Ministry Transformation, Advanced Health Care Directives, Patient Rights, Ethics, Organ/Tissue Donation, and Spiritual Care, Catholic Healthcare West Privacy and Data Security Program, Informed Consents, Nursing Process, Nursing Bundle, Nursing Care Initiatives & Procedural Sedation, National Patient Safety Goals (NPSG), Population-Specific Competency, Pain, Restraints, Abuse, Point of Care Testing (POCT), Emergency Preparedness, Fire & Electrical Safety, Blood Borne Pathogens, Infection Control, Nursing Leadership, Teamwork and Communication, Safe Patient Handling.

Please sign below to verify your completion of reorientation. Return this form to Nursing Education no later than the last day of your hire month. This form will be graded and sent to Human Resources to be included in your official personnel file.

Employee Name (Print) _____

Employee ID number (Required) _____

Employee Signature _____

Department _____

Date _____

Educator's Signature _____